

Meals & Grills

*Served with side salad or chips & 3 battered onion rings.

Seafood

- 109 ***ENGLISH HAKE**
Battered & deep fried, served with pickled mayo whip & fresh lemon
- 139 ***CHEESE MELT HAKE**
Succulent grilled fillet of hake, topped with sliced cheddar & creamy mushroom sauce

Chicken

- 115 ***CHICKEN SCHNITZEL**
Crumbed chicken breast served with mayo whip & fresh lemon
- 139 ***CARMELLO'S CHICKEN STACK**
Grilled chicken breast fillets layered with hickory ham, cheddar, mozzarella & topped with mushroom sauce
- 165 ***GRILLED CHICKEN WINGS**
Flamed grilled & finished with barbecue, lemon & herb or portuguese basting

Red Meat

- 165 ***PRIME GRILLED SIRLOIN**
250g Super A-grade grilled the way you like
- 189 **BANTING SIRLOIN**
250g grilled beef sirloin topped with grilled mushrooms, bacon, mozzarella and cherry tomatoes. Served with a banting salad
- *GRILLED PORK RIBS**
Flamed grilled in sticky sweet marinade
- 169 — 400g
245 — 600g

Top up your grill

- 35 Cheesemelt
39 Bacon & cheesemelt
49 Bacon, avocado & mozzarella
- 35 Peri chicken livers
38 Cheese & jalapenos
38 Grilled halloumi & avocado

NEW Trinchado

Grilled in a creamy prego sauce, served with panini bread.

- 145 **STEAK**
125 **CHICKEN**
125 **CHICKEN LIVERS & CHOURIZO**

Tappas - Top Ups

- 26 100g Grilled Mushrooms
42 100g Crumbed Mushrooms
31 125g Beef Patty
42 100g Crumbed/Grilled Chicken Strips
26 100g Boerewors
24 Frankfurter
24 Cheesy Russian
19 2 Slices Crumbed Halloumi
19 2 Ct Cheese Grillers
54 125g Grilled Steak
24 150g Chips
64 450g Chips & Dip
15 Hickory Ham Slice
29 3 Battered Onion Rings
30 Cheesy Bechamel sauce
65 Marinated olives, feta & avo with focaccia
- 53 125g Grilled Sirloin Strips
26 100g Savoury Mince
30 3 Slices Avocado
23 40g Grated Gouda
31 125g Prego Chicken Livers
18 Slice Cheddar
49 40g Smoked Salmon
30 100g Grilled chourizo
54 3 Grilled Chicken Wings
15 Tomato Relish
65 200g Grilled Pork Riblets
27 70g Mushroom Sauce
5 White/Health Toast
30 150g Chicken Breast
29 Side Salad
29 Toasted focaccia with basil pesto



Wine & Cocktails

ALL COCKTAILS ARE MADE WITH CRUSHED ICE

- 79 **LEMON MOJITO**
All things lemon, Bacardi rum, fresh mint leaves
- 79 **PINA COLADA**
Finished with vodka, light rum & blue curacao
- 79 **STRAWBERRY SLIPKNOT**
Strawberry, vodka & gin
- 79 **BERRY SLAMMER**
Berries, vodka, triple sec

"A celebration in a bottle."

Red Wines

- 69 235 Durbanville Hills Pinotage Dry
69 235 Durbanville Hills Merlot Dry
42 125 Drostdy Hof Natural Sweet Red
219 JC Le Roux Le Domaine

White Wines

- 42 119 Drostdy Hof Adelpracht Sweet
45 141 Nederburg Rose Semi Sweet
69 218 Durbanville Hills Chenin Blanc Dry
69 218 Durbanville Hills Sauvignon Blanc Dry



Enquire with your waiter about our DIVERSE DISTILLED SPIRIT SELECTION and explore a world of flavors and stories.

Beer & Ciders

- 49 **ROCK SHANDY**
33 **CASTLE LITE**
32 **BLACK LABEL**
33 **AMSTEL**
37 **HUNTER'S DRY/GOLD**
39 **SAVANNA DRY/LIGHT**
31 **FLYING FISH**
42 **CORONA**
37 **HEINEKEN**
37 **HEINEKEN SILVER**
37 **WINDHOEK**
42 **WINDHOEK DRAUGHT**
- Non - Alcoholic*
- 37 **SAVANNA**
37 **HEINEKEN**



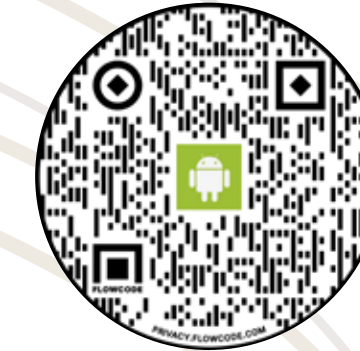
NO ALCOHOL WILL BE SOLD TO PERSONS UNDER THE AGE OF 18. PLEASE DRINK RESPONSIBLY AND DO NOT DRINK AND DRIVE!



Download our Club app today & *Reap the Rewards*

As a member, enjoy a complimentary slice of cake on your birthday. Every meal earns you points, bringing you closer to even more DELIGHTFUL SURPRISES!

Terms & Conditions Apply



Breakfast

*Served with a slice of white, health or rye toast, butter & preserves. Add R5 for rye toast.

- 49 ***BASIC BREAKFAST**
Bacon & eggs, with grilled cherry tomatoes in basil pesto
- 59 **3 EGG & BACON OPTION**

Carmello's Classics

- 99 **SAGANAKI SWITCH**
2 eggs, grilled bacon, tomato relish, grilled halloumi with 3 cheese grillers or frankfurter or cheesy russian or boerewors
- 99 **EGGS BENEDICT**
Hickory ham, poached eggs, sliced cheddar with hollandaise sauce on toasted rye
- 79 **MINCE & EGG ON RYE**
Served with a side salad or chips
- 95 **CHICKEN LIVER ROSTI**
Spicy chicken livers, topped with a fried egg, caramelised onions, filled between potato rosti with homemade salsa. Served with a side salad

- 89 **BREAKFAST RITZ**
Toasted rye, topped with smashed avo & feta and 2 split poached eggs. Served with a side salad

- 99 **CHICKEN RITZ**
Toasted rye, topped with smashed avo & feta with grilled chicken breast fillet. Served with side salad

- 145 **French Flair NEW**
2 poached eggs, rolled bacon, boerewors, 3 potato wedges, lettuce, hollandaise sauce

- 149 ***THE BIG BOY**
2 eggs, grilled bacon, boerewors, grilled halloumi, 125g steak & chips

- 125 ***CARMELLO'S BREAKFAST**
2 eggs, grilled bacon, beef patty topped with tomato relish, frankfurter or cheesy russian, with chips

- 109 **SALMON ON RYE**
Smoked salmon & scrambled eggs on toasted rye with hollandaise sauce

- 89 **BANTING BREAKFAST**
2 eggs, grilled bacon, boerewors & grilled mushrooms

- 109 **NORWEGIAN SALMON**
2 poached eggs, smoked salmon, lettuce, sliced avo, hollandaise sauce, cream cheese with toasted rye

- 99 **TUNA BREAKFAST NEW**
2 poached eggs, tuna, lettuce, sliced avo, hollandaise sauce, cream cheese with toasted rye

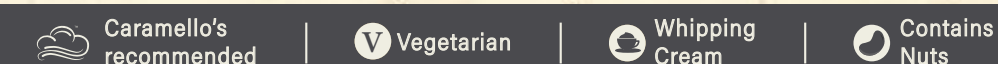
3 Egg Omelette

with toast, butter & preserves

- 109 **Bacon, mushroom, mixed peppers & gouda**
109 **Savoury mince, grilled onions, mushrooms & gouda**
109 **Hickory ham, gouda & mozzarella**
- 119 **Bacon, avocado, feta, & gouda**
104 **Mushrooms, grilled tomato & gouda**

The Healthy Way

- 69 **Plain yoghurt, muesli & honey**
69 **Oatmeal with milk & honey**
69 **Paw paw, yoghurt, muesli, mixed berry puree NEW**



Bombelettes

Served with relish & chips or side salad

- 89 **PREGO CHICKEN LIVERS**
99 **BEEF PATTY & HASH BROWN**
99 **BACON, AVO & MOZZARELLA**

French Toast

Served with white or health toast or sliced panini & side salad. Add R5 for rye.

- 59 **Served plain with maple syrup**
89 **Bacon, mushrooms & cheddar**
109 **Parma ham & emmenthaler**

Quiche

Served with a side salad or chips.

- 79 **Spinach & feta**
79 **Ham & cheese**
79 **Bacon & Mushroom**
79 **Roasted chicken & vegetable**

Croissant

*Served with a side salad

- 49 **PLAIN**
Served with grated gouda, butter & preserves
- 85 ***BREAKFAST**
Scrambled egg, grilled bacon & cheddar
- 99 ***NORWEGIAN**
Cream cheese, smoked salmon & sweet piquante
- 109 ***PARMA**
Parma ham, cream cheese, fresh avocado & emmenthaler

Top Up Your Breakfast

Choose from the following options

- 26 100g Grilled Mushrooms
42 100g Crumbed Mushrooms
31 125g Beef Patty
42 100g Crumbed/Grilled Chicken Strips
26 100g Boerewors
24 Frankfurter
24 Cheesy Russian
19 2 Slices Crumbed Halloumi
19 2 Ct Cheese Grillers
54 125g Grilled Steak
24 150g Chips
64 450g Chips & Dip
15 Hickory Ham Slice
29 3 Battered Onion Rings
30 Cheesy Bechamel sauce
65 Marinated olives, feta & avo with focaccia
- 53 125g Grilled Sirloin Strips
26 100g Savoury Mince
30 3 Slices Avocado
23 40g Grated Gouda
31 125g Prego Chicken Livers
18 Slice Cheddar
49 40g Smoked Salmon
30 100g Grilled chourizo
54 3 Grilled Chicken Wings
15 Tomato Relish
65 200g Grilled Pork Riblets
27 70g Mushroom Sauce
5 White/Health Toast
30 150g Chicken Breast
29 Side Salad
29 Toasted focaccia with basil pesto

Belgium Waffles

Sweet

Served with cream or ice cream

- 68 **Cinnamon sugar & maple syrup**
79 **Hazelnut & chocolate**
79 **Choc-Berry**

Savoury

Served with a side salad

- 99 **Scrambled egg, bacon & grated gouda**
109 **Smoked salmon, scrambled egg & hollandaise sauce**

www.carmellos.co.za

Head Office Enquiries: Info@carmellos.co.za

Terms and conditions: Standard terms and conditions apply. Right of admission reserved. All prices are inclusive of VAT and are subject to change without prior notice. Prices do not include service fees. Regrettably we do not accept cheques and do not split bills. All seasonal items are subject to availability. All meat weights are uncooked weight. If you have any allergies, please inform your waiter who will explain the ingredients and preparation methods of our meals to you. All images are for visual purposes only and may not represent the actual product. All Rights Reserved. Copyright Carmello's (Pty) Ltd 2020. E&OE



Crepes

*Served with side salad or chips.

- 109 — *Bacon, cream cheese & feta, topped with béchamel sauce
- 109 — *Chicken mayo with sweet piquante topped with béchamel sauce
- 109 — *Grilled chicken strips in prego sauce, grated gouda, topped with mushroom sauce
- 119 — *Smoked salmon, cream cheese & béchamel sauce
- 69 — **Traditional Crepes (Pancakes)** ☺☻ With cinnamon sugar, fresh lemon, and maple syrup served with cream or ice cream

The Muffin

Served with butter, preserves & cream or grated gouda. ☺☻

- 59 — **CLASSIC MUFFINS** blueberry / carrot / bran or chocolate chip

Freshly Baked Scones

Served plain with cream, grated gouda & preserves. ☺☻ **R54**

Cold Beverages

- 39 — **FREDDO NEW** Iced espresso topped with frothed milk
- 49 — **FROZEN CHINOS** Cappuccino • Toffee Caramel • Brazilian Hazelnut
- 49 — **SMOOTHIES** Strawberry • Mango • Passion Sorbet • Lemon Sorbet • Pina Colada • Mixed Berry
- 39 — **MILKSHAKES** ☺ Strawberry • Chocolate • Banana • Vanilla • Bubblegum • Lime • Milo
- 55 — **GOURMET MILKSHAKES** ☺ Oreos & Cream • Marshmallow Whip • Peanut Butter Crunch • Hazelnut Delight • Iced Espresso
- 45 — **SPRITZERS** Rose Delight • Cranberry Blast • Rose Bitter • Bubble Passion • Lime Light
- 27 — **FROZEN TRADITIONALS** Passion Fruit • Lime • Kola Tonic • Red Currant • Rose
- 36 — **MIXERS** Passion Fruit & Lemonade • Cola Tonic & Lemonade • Lime & Soda
- 33 — **TIZERS** Appletizer • Grapetizer
- 33 — **ICED TEAS** Lemon • Peach
- 21 — **WATER** Still • Sparkling
- 37 — **JUICES** Strawberry • Cranberry • Fruit Cocktail • Orange • Mango • Guava
- 27 — **SODAS 300ML** Coke • Coke Light • Coke Zero • Sprite • Sprite Zero • Fanta • Creme Soda
- 25 — **SODAS 200ML** Soda Water • Tonic Water • Lemonade • Dry Lemon
- 32 — **TOMATO COCKTAIL**

R55

Cake Shake
Have your *Cake* and *Shake* it!!

Hot Beverages

Substitute to Almond milk for R12.

- 33 — Italian cappuccino
- 42 — Mega Italian cappuccino
- 37 — Cappuccino with cream ☺
- 45 — Mega cappuccino with cream ☺
- 12 — Baby chino
- 39 — Red cappuccino
- 44 — Red latte
- 12 — Flavour your cappuccino
Brazilian hazelnut
12 — Toffee Caramel
- 42 — **FLAVOURED STEAMERS (no Espresso)**
Brazilian Hazelnut • Chai Steamer
Toffee Caramel • Decadent White Chocolate
- 49 — **FLAVOURED LATTE (single shot Espresso)**
Brazilian Hazelnut • Chai Latte
Toffee Caramel • Decadent White Chocolate
- 39 — **TRADITIONAL FLAVOURS**
Hot chocolate, Milo
39 — Original Latte
- 42 — **WHISKEY PEDRO/COFFEE**
- 42 — **KAHLUA PEDRO/COFFEE**
- 42 — **WILD AFRICA PEDRO/ COFFEE**
- 39 — **PLUNGERS (500ML)**
Caffeinated or decaf
- 22 — **COFFEES / FILTERED**
Filter coffee
11 — Refill
29 — Mega filter coffee
15 — Mega refill
25 — Filter coffee & cream ☺
- 25 — **ESPRESSO BASED**
Americano (single shot/full extraction)
22 — Espresso single
29 — Espresso double
- 22 — **TEA'S**
Ceylon/Rooibos
29 — Chamomile, earl grey, green tea
29 — Apple & Cinnamon
29 — Lemon & ginger
- 35 — **AFFOGATO**
Ice cream with a shot of espresso



Our Coffee Story:
Once upon a day, a cherry like fruit seed was discovered. First it was green and then it turned red. Specially paired you will find two beans shared. Selected for roasting, they start rolling and toasting, to bring you a coffee made for boasting and hosting. Only here will you find a coffee specially prepared, with Caramello's shared.

"Love at first bite."

The Cakery

Enquire with your waiter to view our FANTASTIC SELECTION OF ARTISAN CAKES



R59
per slice

Tramezzini

Served with side salad or chips.

- 109 — Tuna, mayo whip, parsley, onions & mozzarella **NEW**
- 119 — Bacon, avocado, feta & mozzarella
- 109 — Prego chicken, grilled onion, sweet piquanté, mozzarella with zesty mayo whip
- 109 — Chicken mayo, sweet piquanté, dill cucumber, mozzarella
- 119 — Halloumi, feta, cheddar, mozzarella, mayo whip & basil pesto ☺
- 135 — **THE CLUB** ☺ - chicken mayo, bacon, hickory ham, avocado & mozzarella
- 125 — Barbecue chicken, bacon, feta & mozzarella
- 145 — Barbecue deboned ribs, beef strips, chourizo & mozzarella
- 119 — **Chourizo, olives, halloumi & mozzarella** ☺

Toasted

Served with side salad or chips. Served on white, health or rye. Add R5 for rye

- 69 — Cheddar & mozzarella ☺
- 75 — Cheddar, mozzarella & tomato
- 84 — Hickory ham, cheddar & mozzarella
- 94 — Bacon, egg, cheddar & mozzarella
- 94 — Chicken mayo, sweet piquanté, dill cucumber, mozzarella & rocket
- 84 — Anchovy fillets, freshly sliced tomato, olives & capers on toast

"Follow your taste buds."

Burgers

Pure ground beef patty or chicken breast fillet. Served on a sesame bun with lettuce, tomato, onion & mayo whip. Served with chips or 3 battered onion rings.

- 85 — **ORIGINAL BEEF OR CHICKEN**
- 115 — **THE BANTING** ☺ - Ground beef patty or chicken breast fillet with grilled halloumi, bacon, cheddar, lettuce, rocket, tomato, dill cucumber & onions with grilled mushrooms served with a banting salad

Top your original burger

- 31 — **DOUBLE UP YOUR BURGER**
Extra 125g beef patty / chicken breast
- 18 — Cheddar slice
- 48 — Cheddarmelt
- 38 — Bacon & cheddar
- 38 — Cheese & jalapeno's
- 49 — Bacon, mozzarella & avo
- 38 — Halloumi & avo
- 38 — Cheddar & salsa
- 27 — Mushroom sauce
- 49 — Bacon, egg & cheese

Salads

Served on a base of seasonal lettuce, tomatoes, cucumber, onion, rocket, red cabbage & carrots, served with toasted focaccia, brushed with basil pesto ☺

- 135 — **THE CLUB** ☺
Chicken mayo, hickory ham, grated gouda & mozzarella with fresh avocado
- 119 — **HALLOUMI & AVO** ☺
Grilled halloumi, fresh avo, calamata olives, sweet piquanté
- 119 — **BACON, AVO & FETA**
Grilled bacon, fresh avo & feta
- 119 — **CHICKEN, MUSHROOM & PESTO**
Grilled chicken breast with sautéed mushrooms, tossed in basil pesto ☺
- 89 — **GREEK TABLE SALAD**
Feta, calamata olives, cherry tomatoes, cucumber & onions tossed in olive oil (not served on a seasonal base, ideal for sharing with your meal)

Wraps

Served with side salad or chips.

- 99 — Crumbed chicken strips, lettuce, tomato & mayo whip
- 99 — Hickory ham, cheddar, mozzarella, basil pesto ☺, lettuce, tomato & mayo whip
- 109 — Crumbed beef strips, lettuce, tomato & mayo whip
- 109 — Halloumi, avocado, cream cheese, lettuce, tomato & mayo whip
- 99 — **Burger wrap** ☺ with bacon, sliced cheddar, tomato relish, onions, pickles & mayo whip (your choice of pure beef patty, chicken breast fillet or deboned pork rib)

Pizza

30cm Classic Pizza's baked to order with Mozzarella Cheese & Oreganum. (Our Napolitana base contains garlic)

Classics

DOUBLE YOUR CHEESE ON PIZZA - R25

- 92 — **MARGHERITA**
Napolitana & herbs
- 115 — **REGINA**
Hickory ham & mushrooms
- 115 — **PREGO CHICKEN**
Chicken strips, onions, peppadews
- 125 — **PIZZA SPICY**
Ground beef, salsa, peppadews & jalapenos
- 115 — **BARBECUE**
Barbecue chicken, bacon, & feta
- 115 — **GREEK**
Halloumi, olives & feta
- 115 — **FUNKY**
Chicken mayo & peppadews
- 115 — **BBQ RIB**
Barbecue ribs & bacon
- 160 — **MEATY**
Barbecue ribs, beef strips & chourizo
- 135 — **BAF**
Bacon, avo & feta

Pasta

With penne or tagliatelle. Served with toasted focaccia, brushed with basil pesto ☺ & pecorino cheese.

- 110 — **ALFREDO**
Hickory ham, bacon, mushrooms, in a creamy béchamel sauce
- 110 — **BOLOGNAISE**
Savoury mince beef & napolitana
- 110 — **POLLO**
Grilled chicken & mushrooms in creamy béchamel sauce
- 110 — **AMATRICIANA**
Bacon, mushrooms, napolitana & chillies

For The Kids

- 55 — **FARMER BROWN BREAKFAST**
1 Hash brown, scrambled egg & 2 cheese grillers served with a slice of toast & tomato sauce
- 59 — **CHEESY SQUEEZY'S**
5 Cheese Grillers served with chips & tomato sauce
- 65 — **PASTA BOLOGNAISE**
Traditional Bolognese sauce with penne or tagliatelle
- 59 — **MAC & CHEESE**
Pasta tubes in delicious cheesy béchamel sauce
- 38 — Cheese
- 49 — Ham & Cheese
- 89 — **PIZZA (20cm)**
Cheese
Ham & Cheese
- 89 — **RIBS & CHIPS**
200g
- 59 — **CHICKEN STRIPS & CHIPS**

Ice-Cream

- 35 — **ICE CREAM & OREOS**