



  
CARMELLO'S

# Menu

# BREAKFAST

Served with a slice of white, health or rye toast, butter & preserves. Add R5 for rye.



Caramello's  
Recommended



Whipping  
Cream



Vegetarian



New on  
the Menu



Contains  
Nuts



## Basic Breakfast

Bacon & eggs, with grilled cherry tomatoes in basil pesto

59



## 3 Egg & Bacon Option

89

Salmon On Rye

## Caramello's Classics

### Saganaki Switch

2 Eggs, grilled bacon, tomato relish, grilled halloumi with 3 cheese grillers or frankfurter or cheesy russian or boerewors

119



### Eggs Benedict

Hickory ham, poached eggs, sliced cheddar with hollandaise sauce on toasted rye

119

### Mince & Egg On Rye

Served with a side salad or chips

93

### Chicken Liver Rosti

Spicy chicken livers, topped with a fried egg, caramelised onions, filled between potato rosti with homemade salsa. served with a side salad

105



### Breakfast Ritz

Toasted rye, topped with smashed avo & feta and 2 split poached eggs. served with a side salad

105

### Chicken Ritz

Toasted rye, topped with smashed avo & feta with grilled chicken breast fillet. Served with a side salad

119

### The Big Boy

2 Eggs, grilled bacon, boerewors, grilled halloumi, 125g steak & chips

169

### Caramello's Breakfast

2 Eggs, grilled bacon, beef patty topped with tomato relish, frankfurter or cheesy russian, with chips

149

### Salmon On Rye

Smoked salmon & scrambled eggs on toasted rye with hollandaise sauce

119

### Banting Breakfast

2 Eggs, grilled bacon, boerewors & grilled mushrooms

109

### Norwegian Salmon

2 Poached eggs, smoked salmon, lettuce, sliced avo, hollandaise sauce, cream cheese with toasted rye

125



### Tuna Breakfast

2 Poached eggs, tuna, lettuce, sliced avo, hollandaise sauce, cream cheese with toasted rye

119

Saganaki Switch  
With Cheesegrillers



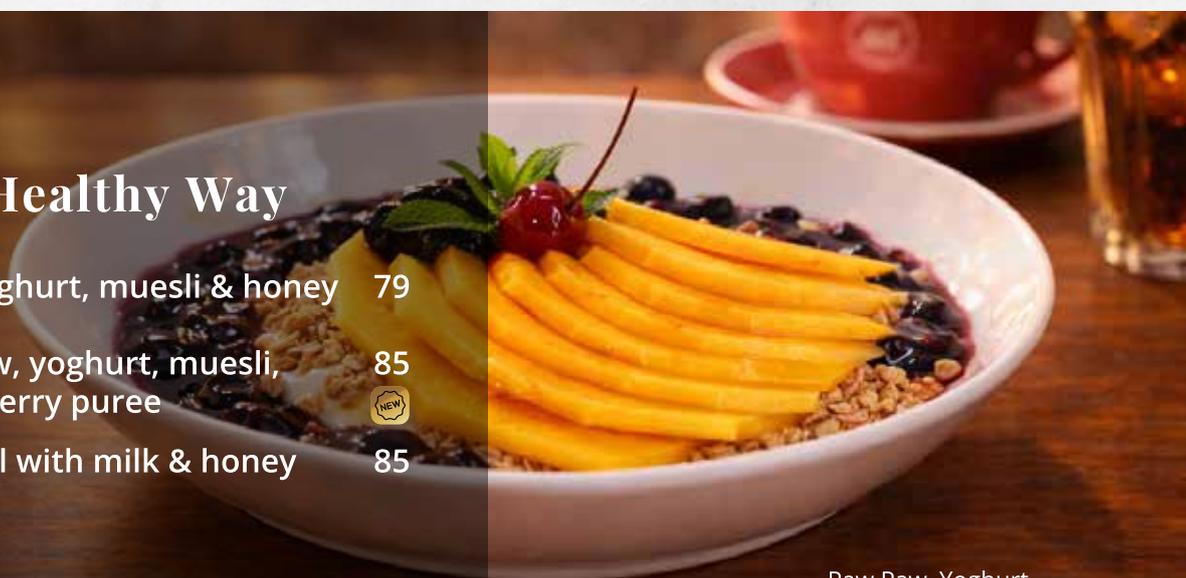
## Top Up Your Meals

100g Grilled Mushrooms-----	29
100g Crumbed Mushrooms-----	44
125g Beef Patty-----	36
100g Crumbed/Grilled Chicken Strips-----	48
100g Boerewors-----	29
Frankfurter-----	29
Cheesy Russian-----	29
2 Slices Crumbed Halloumi-----	20
2 Cocktail Cheesegrillers-----	20
125g Grilled Steak-----	59
150g Chips-----	29
450g Chips & Dip-----	72
Hickory Ham Slice-----	15

Marinated olives, feta & avo with focaccia-----	69
125g Grilled Sirloin Strips-----	56
100g Savoury Mince-----	29
3 Slices Avocado-----	39
40g Grated Gouda-----	26
125g Prego Chicken Livers-----	36
1 Slice Cheddar-----	19
40g Smoked Salmon-----	52
100g Grilled Chorizo-----	36
3 Grilled Chicken Wings-----	65
Tomato Relish-----	15
200g Grilled Pork Riblets-----	69
70g Mushroom Sauce-----	29
White/Health Toast-----	5
150g Chicken Breast-----	34
Toasted focaccia with basil pesto-----	34

## The Healthy Way

Plain yoghurt, muesli & honey	79
Paw paw, yoghurt, muesli, mixed berry puree	85
Oatmeal with milk & honey	85



Paw Paw, Yoghurt,  
Muesli, Mixed Berry Puree

Bacon, Mushroom, Mixed Peppers & Gouda Omelette



### 3 Egg Omelette

*With toast, butter & preserves.  
Add R5 for rye.*

Bacon, mushroom, mixed peppers & gouda-----	129
Savoury mince, grilled onions, mushrooms & gouda-----	129
Hickory ham, gouda & mozzarella-----	129
Bacon, avocado, feta & gouda-----	139
Mushrooms, grilled tomato & gouda-----	129

### Croissant

*Served with a side salad.*

<b>Plain</b>	55
Served with grated gouda, butter & preserves	
<b>Breakfast</b>	99
Scrambled egg, grilled bacon & cheddar	
<b>Norwegian</b>	115
Cream cheese, smoked salmon & sweet piquante	
<b>Parma</b>	125
Parma ham, cream cheese, fresh avocado & emmenthaler	



Breakfast Croissant

### French Toast

*Served with white or health toast & side salad. Add R5 for rye.*

Served plain with maple syrup -----	65	
Bacon, mushrooms & cheddar -----	105	
Parma ham & emmenthaler -----	125	



Bacon, Mushroom & Cheddar

## Quiche

Served with a side salad or chips.

- Spinach & feta -----89
- Ham & cheese -----89
- Bacon & mushroom -----89
- Roasted chicken & vegetable-----89

Ham & Cheese Quiche

# TEA TIME

## Crêpes

Served with side salad or chips. Top up with Dubai Chocolate or Biscoff R20

Bacon, cream cheese & feta, topped with béchamel sauce----- 129

Chicken mayo with sweet piquante, topped with béchamel sauce----- 129

Grilled chicken strips in prego sauce, grated gouda, topped with mushroom sauce----- 129

Smoked salmon, cream cheese & béchamel sauce----- 139

**Traditional Crêpes (Pancakes) -----83**  
With cinnamon sugar, fresh lemon, and maple syrup served with cream or ice cream



## Classic Muffins



Served with butter, preserves & cream or grated gouda.

Blueberry | Carrot | Bran -----79  
Chocolate Chip

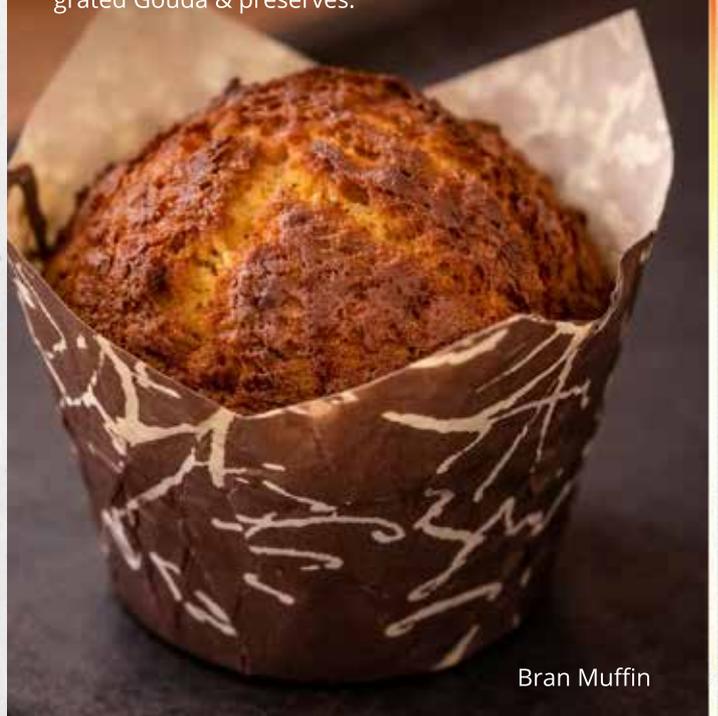
## Fresh Scones



Served plain with cream, -----65  
grated Gouda & preserves.



Traditional Crêpes



Bran Muffin

# BELGIAN WAFFLES

## Sweet

*Served with cream or ice cream. Top up with Dubai Chocolate or Biscoff R20*

Cinnamon sugar & maple syrup -----	83
Hazelnut & chocolate -----	95
Choc-Berry-----	95

## Savoury

*Served with a side salad.*

Scrambled egg, bacon & grated gouda ---	119
Smoked salmon, scrambled egg -----	129
& hollandaise sauce	



Cinnamon Sugar & Maple Syrup

# SALADS *Served on a base of seasonal lettuce, tomatoes, cucumber, onion, rocket, red cabbage & carrots, served with toasted focaccia brushed with basil pesto.*

**Bacon, Avo & Feta** 135  
Grilled bacon, fresh avo & feta

**Chicken, Mushroom & Pesto** 135  
Grilled chicken breast with sautéed mushrooms, tossed in basil pesto 

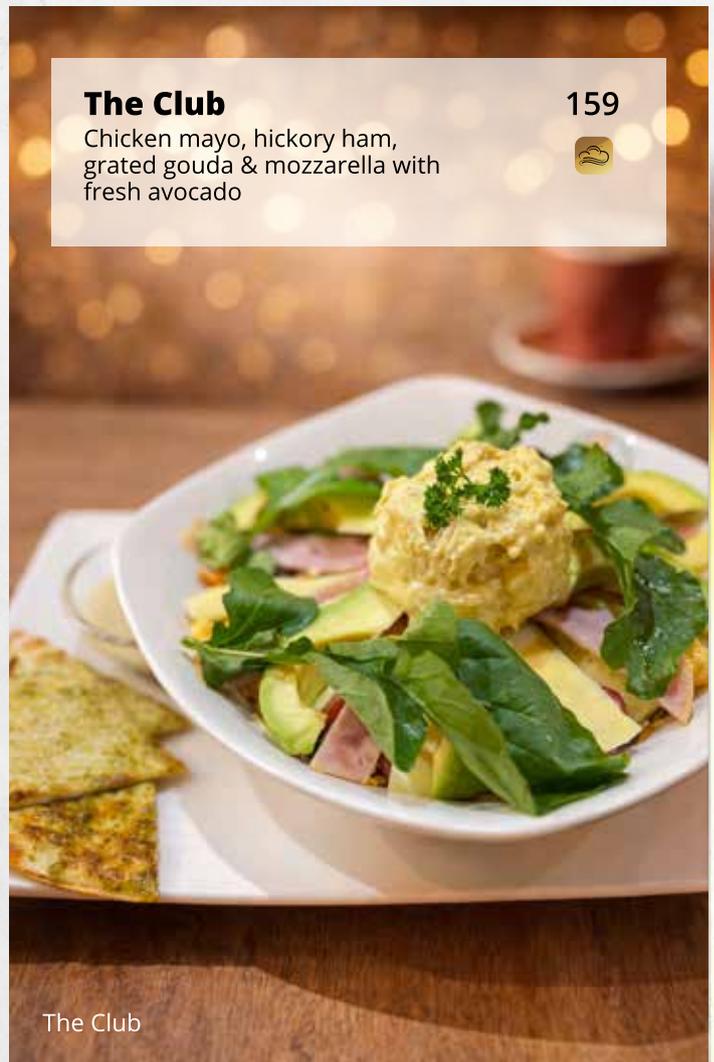
**Greek Table Salad** 105  
Feta, calamata olives, cherry tomatoes, cucumber & onions tossed in olive oil.   
*(Not served on a seasonal base, ideal for sharing with your meal)*

**Halloumi & Avo** 135  
Grilled halloumi, fresh avo, calamata olives & sweet piquante

**The Club** 159   
Chicken mayo, hickory ham, grated gouda & mozzarella with fresh avocado



Bacon, Avo & Feta



The Club

# TOASTED

*Served with a side salad or chips.  
Served on white, health or rye. Add R5 for rye.*



Chicken Mayo

- Cheddar & mozzarella -----79 
- Cheddar, mozzarella & tomato -----85
- Hickory ham, cheddar & mozzarella -----99
- Bacon, egg, cheddar & mozzarella ----- 110
- Chicken mayo, sweet piquante, dill cucumber, mozzarella & rocket ----- 110
- Anchovy fillets, freshly sliced tomato, olives & capers on toast -----99

# TRAMEZZINI

*Served with a side salad or chips.*



Bacon, Avocado, Feta & Mozzarella

- Tuna, mayo whip, parsley, onions & mozzarella ----- 129 
- Bacon, avocado, feta & mozzarella ----- 139
- Prego chicken, grilled onion, sweet piquante, mozzarella with zesty mayo whip ----- 129
- Chicken mayo, sweet piquante, dill cucumber, mozzarella ----- 129
- Halloumi, feta, cheddar, mozzarella, mayo whip & basil pesto ----- 139  
*Top up your tramezzini with salmon for R52* 

**The Club** ----- 159 

Chicken mayo, bacon, hickory ham, avocado & mozzarella

Barbecue chicken, bacon, feta & mozzarella ----- 149

Barbecue deboned pork ribs, beef strips, chorizo & mozzarella ----- 159

**Chorizo, olives, halloumi & mozzarella with basil pesto** ----- 139  

# WRAPS

Served with a side salad or chips.

Crumbed chicken strips, lettuce, tomato & mayo whip ----- 119

Hickory ham, cheddar, mozzarella, basil pesto, lettuce, tomato & mayo whip ----- 119

Crumbed beef strips, lettuce, tomato & mayo whip ----- 129

Halloumi, avocado, cream cheese, lettuce, tomato & mayo whip ----- 129

**Burger wrap** ----- 119

Tomato relish, onions, pickles & mayo whip (Your choice of pure beef patty, chicken breast fillet or deboned pork rib)



Crumbed Chicken Strips

# QUESADILLAS

Served with a side salad or chips.

**Chicken** ----- 119

Grilled chicken strips, prego sauce, mixed peppers and onion with mozzarella



**Beef** ----- 119

Beef strips, prego sauce, mixed peppers and onion with mozzarella



**Mince & Cheese** ----- 119

Spicy mince, mixed peppers and onion with cheddar cheese



Grilled Chicken Strips Quesadilla

# BURGERS

*Pure ground beef patty or chicken breast fillet. Served on a sesame bun with lettuce, tomato, onion & mayo whip. Served with chips or 3 battered onion rings.*

**Original Beef or Chicken** 99

**The Banting** 129

Ground beef patty or chicken breast fillet with grilled halloumi, bacon, cheddar, lettuce, rocket, tomato, dill cucumber & onions with grilled mushrooms served with a banting salad.



## Top your Burger

**Double Up Your Burger** 33

Extra 125g beef patty / chicken breast

Cheddar Slice-----	19
Cheese Melt-----	40
Bacon & Cheddar-----	40
Halloumi & Avo-----	42
Cheddar & Tomato Relish-----	42
Mushroom Sauce-----	30
Cheese & Jalapenos-----	40
Bacon, Mozzarella & Avo-----	52
Bacon, Egg & Cheese-----	52



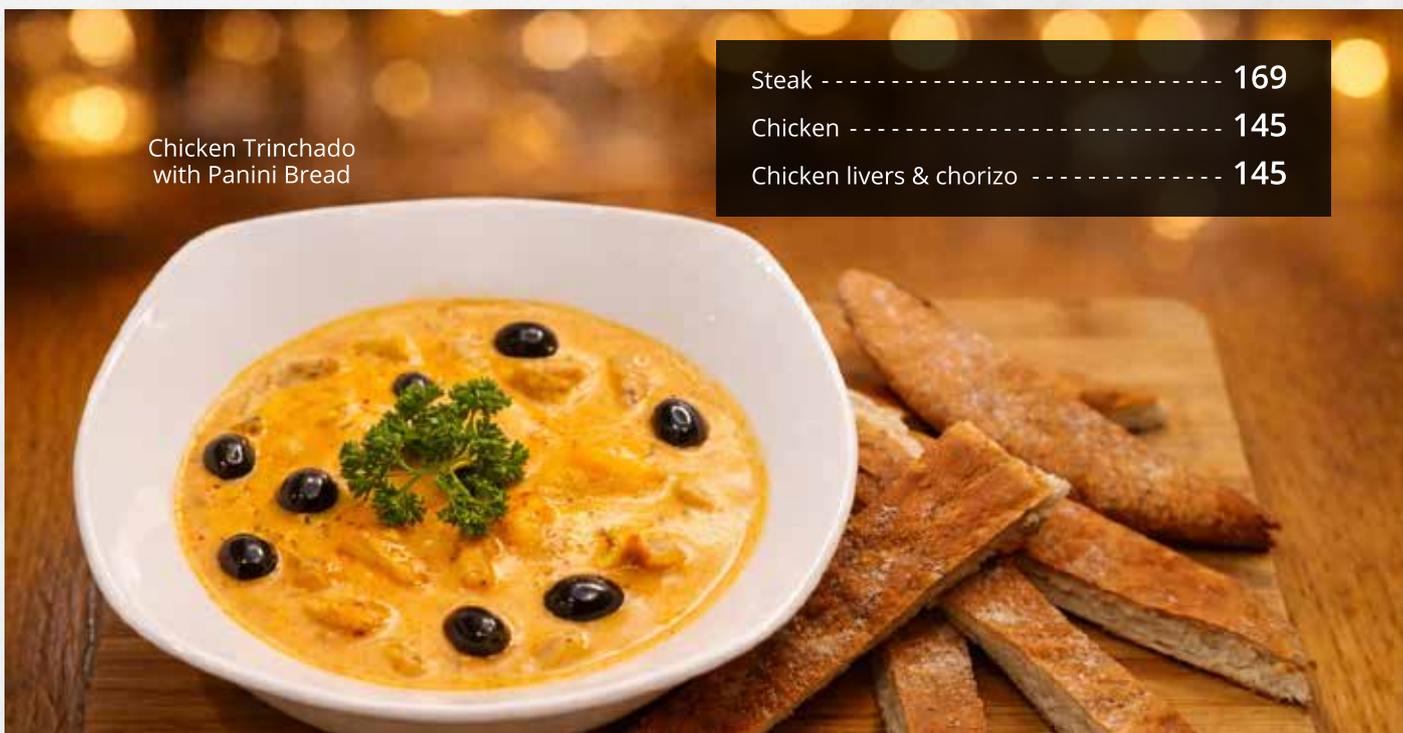
Topped Up Beef Burger

# TRINCHADO

*Grilled in a creamy prego sauce, served with panini bread with potato and olives.*

Chicken Trinchado  
with Panini Bread

Steak-----	169
Chicken-----	145
Chicken livers & chorizo-----	145



# MEALS & GRILLS

Served with chips or a side salad with 3 battered onion rings.

## Seafood

**English Hake** 129  
Battered & deep fried, or grilled, served with tartare sauce & fresh lemon.

**Cheese Melt Hake** 179  
Succulent grilled fillet of hake, topped with sliced cheddar & creamy mushroom sauce.

## Chicken

**Chicken Schnitzel** 129  
Crumbed chicken breast served with mayo whip & fresh lemon

**Grilled Chicken Wings** 189  
Flame grilled & finished with barbecue, lemon & herb or Portuguese basting

**Caramello's Chicken Stack** 165   
Grilled chicken breast fillets layered with hickory ham, cheddar, mozzarella & topped with mushroom sauce

## Red Meat

**Prime Grilled Sirloin** 189   
250g Super A-grade grilled the way you like

**Banting Sirloin** 210  
250g grilled beef sirloin topped with grilled mushrooms, bacon, mozzarella and cherry tomatoes. Served with a banting salad

**Grilled Pork Ribs 400g** 189

**Grilled Pork Ribs 600g** 279  
Flamed grilled in sticky sweet marinade

## Top up your grill

- Cheese Melt-----39
- Bacon & Cheese Melt-----45
- Bacon, Avocado & Mozzarella -----55
- Peri Chicken Livers -----39
- Cheese & Jalapenos-----42
- Grilled Halloumi & Avocado-----45



Cheese Melt Hake



Caramello's Chicken Stack



Peri Chicken Livers Sirloin

# PASTA

*With penne or tagliatelle. Served with toasted focaccia, brushed with basil pesto & pecorino cheese.*

## Alfredo 129

Hickory ham, bacon, mushrooms, in a creamy béchamel sauce.

## Bolognese 129

Savoury minced beef & Napolitana.

## Pollo 129

Grilled chicken & mushrooms in creamy béchamel sauce.

## Amatriciana 129

Bacon, mushrooms, Napolitana & jalapeno.



# PIZZA

*30cm classic pizzas, baked to order with mozzarella cheese & oregano. Our Napolitana base contains garlic. Double your cheese for R30.*

## Margherita 105

Napolitana & herbs

## Prego Chicken 140

Chicken strips, onions, peppadews

## Barbecue 140

Barbecue chicken, bacon & feta

## Funky 140

Chicken mayo & peppadews

## Meaty 199

Barbecue pork ribs, beef strips & chorizo

## Regina 140

Hickory ham & mushrooms

## Pizza Spicy 149

Ground beef, salsa, peppadews & jalapenos

## Greek 140

Halloumi, olives & feta

## BBQ Rib 140

Barbecue pork ribs & bacon

## BAF 149

Bacon, avo & feta



# THE CAKERY

Enquire With Your Waiter To View Our Fantastic Selection Of Artisan Cakes And Availability.

*Full Cakes Available — Please Enquire In-Store.*



Dubai Chocolate



Baked Cheesecake



White Chocolate Hazelnut



Two Tier Choc Mousse



Strawberry Cheesecake



Red Velvet



Lemon Meringue



Oreo Cheesecake



Lemon Velvet



Death By Chocolate



Granadilla Cheesecake



Fudge Picasso



Choc Chip Caramel Swirl Gateaux



Carrot Cake



Black Forest



Chilled Caramel Fudge Cheesecake

Have Your  
**Cake**  
and Shake It!



**Cake**<sup>TM</sup>  
**Shake**



Blueberry Cheesecake



Bar One



Peppermint Crisp

# HOT BEVERAGES



## Traditional Flavours 45

Hot Chocolate | Milo | Original Latte

**Whiskey Pedro / Coffee 49**

**Kahlua Pedro / Coffee 49**

**Wild Africa Pedro / Coffee 49**

**Plungers 500ml -----42**

Caffeinated | Decaf

## Coffees | Filtered

Filter coffee -----26

Refill-----13

Mega filter coffee-----33

Mega refill -----18

Filter coffee & cream -----31



## Cappuccino

Italian Cappuccino -----38

Italian Cappuccino Mega -----48

Cappuccino with Cream-----45

Cappuccino with Cream Mega-----49

Baby Chino -----12

Red Latte -----48

Red Cappuccino Regular -----44

Red Cappuccino Mega -----49

## Flavour your cappuccino 15

Brazilian hazelnut | Toffee Caramel

## Flavoured Steamers (no espresso) 46

Brazilian Hazelnut | Chai Steamer

Toffee Caramel | Decadent White

Chocolate | *Matcha* | *Pumpkin Spice*

## Flavoured Latte (single shot espresso) 49

Brazilian Hazelnut | Chai Latte

Toffee Caramel | Decadent White

Chocolate | *Matcha* | *Pumpkin Spice*



Selection of  
Flavoured Steamers,  
Cappuccino's & Latte's

Kahlua  
Pedro

## Espresso Based

Americano (single shot / full extraction) ---31

Espresso single -----27

Espresso double -----35

## Tea

Ceylon | Rooibos-----26

Chamomile | Earl Grey | Green Tea -----33

Apple & Cinnamon -----35

Lemon & ginger-----35

## Affogato 42

Ice cream with a shot of espresso



Affogato

Filter Coffee

# COLD BEVERAGES

**Freddo** 42  
Iced espresso topped with frothed milk

**Frozen Chinos** 49  
Cappuccino | Toffee Caramel  
Brazilian Hazelnut | *Matcha* | *Biscoff*  
*Pumpkin Spice* | *Dubai Chocolate* 

**Chilla Smoothies** 49  
Strawberry | Mango | Passion Sorbet  
Lemon Sorbet | Pina Colada | Mixed Berry

**Milkshakes** 42   
Strawberry | Chocolate | Banana  
Vanilla | Bubblegum | Lime | Milo

**Gourmet Milkshakes** 58   
Oreos & Cream | Marshmallow Whip  
Peanut Butter Crunch | Hazelnut Delight  
Iced Espresso | *Dubai Chocolate* | *Biscoff* 

**Spritzers** 49  
Rose Delight | Cranberry Blast | Rose  
Bitter | Bubble Passion | Lime Light

**Frozen Traditionals** 29  
Passion Fruit | Lime | Kola Tonic  
Red Currant | Rose



**Mixers** 39  
Passion Fruit & Lemonade | Cola Tonic  
& Lemonade | Lime & Soda

**Tizers** 36  
Appletizer | Grapetizer

**Iced Tea** 36  
Lemon | Peach

**Water 500ml** 23  
Still | Sparkling

**Juice** 42  
Strawberry | Cranberry | Fruit Cocktail  
Orange | Mango | Guava

**Sodas 300ml** 31  
Coke | Coke Light | Coke Zero | Sprite  
Sprite Zero | Fanta | Creme Soda

**Sodas 200ml** 29  
Soda Water | Tonic Water  
Lemonade | Dry Lemon

**Tomato Cocktail** 36

# WINE & COCKTAILS

*\*All Cocktails are made with crushed ice.*

- Lemon Mojito** 99  
All things lemon, Bacardi Rum, fresh mint leaves
- Strawberry Slipknot** 99  
Strawberry. Vodka & Gin
- Pina Colada** 99  
Finished with Vodka, light Rum
- Berry Slammer** 99  
Berries, Vodka, Triple Sec

	Glass	Bottle
Durbanville Hills Pinotage Dry	69	235
Durbanville Hills Merlot Dry	69	235
Drosty Hof Natural Sweet Red	42	125
JC Le Roux Le Domaine		219
Drosty Hof Adelpracht Sweet	42	119
Nederburg Rosé Semi Sweet	45	141
Drosty Hof Natural Sweet Rosé	45	141
Durbanville Hills Chenin Blanc Dry	69	218
Durbanville Hills Sauvignon Blanc Dry	69	218



# BEER & CIDERS

*\*Enquire with your waiter about our diverse distilled spirit selection and explore a world of flavours and stories. Alcohol served from 10h00.*



- Rock Shandy 52
- Castle Lite 39
- Black Label 39
- Amstel 39
- Hunter's Dry / Gold 44
- Savanna Dry / Light 44
- Corona 48
- Heineken 41
- Heineken Silver 41
- Windhoek 47
- Windhoek Draught 440ml 47
- Flying Fish 39
- Bernini Blush 257ml 49

## Non-Alcoholic

- Savanna 44
- Heineken 41

*No alcohol will be sold to persons under the age of 18. Please drink responsibly and do not drink and drive.*

# FOR THE KIDS

**Farmer Brown Breakfast** 65  
 1 hash brown, scrambled egg & 2 cheese grillers served with a slice of toast & tomato sauce

**Cheesy Squeezy's** 69  
 5 cheese grillers served with chips & tomato sauce

**Pasta Bolognaise** 75  
 Traditional bolognaise sauce with penne or tagliatelle

**Mac & Cheese** 69  
 Pasta tubes in delicious cheesy béchamel sauce

**Kiddies Toastie Bun & Chips - Cheese** 55

**Kiddies Toastie Bun & Chips - Ham & Cheese** 65

**Pizza 20cm Cheese** 60

**Pizza 20cm Ham & Cheese** 70

**Ribs & Chips 200g** 105

**Chicken Strips & Chips** 69

**Ice Cream & Oreos** 39



Chicken Strips & Chips

## For the Love of our children

**"All your children shall be taught by the Lord, and great shall be the peace of your children."**

-----Isaiah 54.13

**Train up a child in the way he should go, And when he is old he will not depart from it.**

----- Proverbs 22.6

**"Fathers, do not exasperate your children; instead, bring them up in the training and instruction of the Lord."**

----- Ephesians 6.4

**I can do all things through Christ who strengthens me.**

----- Phillipians 4.13

**"Children, obey your parents in the Lord; for this is right. Honour thy father and mother..."**

-----Ephesians 6.1-2



Ice Cream & Oreos

# Download our Club App & Reap the Rewards.

*As a member, enjoy a  
complimentary slice of cake  
on your birthday.*

*Every meal earns you points,  
bringing you closer to even  
more **Delightful Surprises.***



Central  
Brands  
Holdings

Unlocking Potential

Terms and conditions: Standard terms and conditions apply. Right of admission reserved. All prices are inclusive of VAT and are subject to change without prior notice. Prices do not include service fees. Any additional amounts paid above the bill amount will be deemed a service fee which will be allocated towards the salaries of the employees. Regrettably we do not accept cheques and do not split bills. All seasonal items are subject to availability. All meat weights are uncooked weight. If you have any allergies, please inform your waitron who will explain the ingredients and the preparation methods of our meals to you. All images are for visual purposes only and may not represent the actual product.

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